

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|--------------------------|---------------------------|--------|-----|--------------|-------------|
| 1 | 263 | Tim Holtbrügge | LF Lühtringen | MJ U20 | 1 | 0:35:36 (1) | 0:35:36 |
| 2 | 262 | Jan Holtbrügge | LF Lühtringen | M | 1 | 0:35:43 (2) | 0:35:43 |
| 3 | 390 | Dennis Hirsch | Familie Hirsch | M35 | 1 | 0:36:20 (3) | 0:36:20 |
| 4 | 332 | Ulrich Schulze-Bergkamen | Pace Pack Runners | MJ U20 | 2 | 0:38:19 (4) | 0:38:19 |
| 5 | 261 | Sven Hmielosz | | M | 2 | 0:39:05 (5) | 0:39:05 |
| 6 | 284 | Thomas Krakow | PACE PACK RUNNERS | M35 | 2 | 0:40:46 (6) | 0:40:46 |
| 7 | 412 | Alexander Spengler | | M30 | 1 | 0:41:26 (7) | 0:41:26 |
| 8 | 405 | Steffen Müller | Laz Iserlohn | M50 | 1 | 0:41:33 (8) | 0:41:33 |
| 9 | 386 | Michael Roll | | M40 | 1 | 0:41:41 (9) | 0:41:41 |
| 10 | 384 | Werner Schnell | | M45 | 1 | 0:42:07 (10) | 0:42:12 |
| 11 | 241 | Marco Embrosy | BSV | M | 3 | 0:42:11 (11) | 0:42:13 |
| 12 | 364 | Timo Knittel | | M35 | 3 | 0:42:49 (12) | 0:42:49 |
| 13 | 404 | Uwe Zimmermann | LT Rennhamster Düsseldorf | M35 | 4 | 0:42:51 (13) | 0:42:51 |
| 14 | 401 | Stefan Bürger | KLRM Berlin | M45 | 2 | 0:42:52 (14) | 0:42:52 |
| 15 | 232 | Florian Brune | | M40 | 2 | 0:42:59 (15) | 0:42:59 |
| 16 | 220 | Thommy Andersson | | M40 | 3 | 0:43:21 (16) | 0:43:21 |
| 16 | 279 | Martin Klaus | LA Spvgg Herten | M45 | 3 | 0:43:21 (16) | 0:43:21 |
| 18 | 274 | Michael Kiefer | Laufzauber Nierenhof | M40 | 4 | 0:43:48 (18) | 0:43:50 |
| 19 | 297 | Robert Menzler | | M35 | 5 | 0:44:01 (19) | 0:44:03 |
| 20 | 353 | Georg Wiemann | Amigos Schmigos | MJ U14 | 1 | 0:44:07 (20) | 0:44:07 |
| 21 | 348 | Jarno Voth | | MJ U14 | 2 | 0:44:09 (21) | 0:44:13 |
| 22 | 223 | Gregor Blajda | | M50 | 2 | 0:44:40 (22) | 0:44:45 |
| 23 | 398 | Georg Brathe | Spiridon Haltern | M45 | 4 | 0:44:55 (23) | 0:45:00 |
| 24 | 323 | Thomas Scharf | | M50 | 3 | 0:45:16 (24) | 0:45:17 |
| 25 | 286 | Ulrich Krempel | Amigos Schmigos | M50 | 4 | 0:45:24 (27) | 0:45:24 |
| 26 | 251 | Marcus Gleim | | M45 | 5 | 0:45:25 (28) | 0:45:28 |
| 27 | 414 | Alex Moench | Laufen gegen Leiden e.V. | M40 | 5 | 0:45:22 (25) | 0:45:29 |
| 28 | 345 | Michael Valentin | | M40 | 6 | 0:45:23 (26) | 0:45:30 |
| 29 | 329 | Matthias Schröder | TuS Borkum | M55 | 1 | 0:45:28 (29) | 0:45:31 |
| 30 | 377 | Joachim Gertlowski | BTL Herne | M60 | 1 | 0:45:46 (30) | 0:45:50 |
| 31 | 374 | Arnaud Pelzer | | MJ U18 | 1 | 0:45:58 (32) | 0:46:04 |
| 31 | 376 | Cristian Prange | | M30 | 2 | 0:45:54 (31) | 0:46:04 |
| 31 | 340 | Michael Sudhoff | Witten | M50 | 5 | 0:46:04 (33) | 0:46:04 |
| 34 | 276 | Johannes Kimmeskamp | The Legal Highs | M50 | 6 | 0:46:29 (34) | 0:46:31 |
| 36 | 409 | Andreas Sonnewald | Team Aroma Ahoi | M35 | 6 | 0:46:55 (36) | 0:46:58 |
| 37 | 421 | Andreas Kapka | | M60 | 2 | 0:46:56 (37) | 0:46:59 |
| 38 | 362 | Lars Wolters | Laufzauber Nierenhof | MJ U16 | 1 | 0:47:12 (38) | 0:47:14 |
| 39 | 267 | Daniel Jost | VfL Niederwenigern | M40 | 7 | 0:47:36 (40) | 0:47:37 |
| 40 | 422 | Markus Fritsche | | M30 | 3 | 0:47:30 (39) | 0:47:39 |
| 41 | 224 | Daniel Blasberg | | M35 | 7 | 0:47:45 (41) | 0:47:47 |

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|---------------------|------------------------------------|--------|-----|--------------|-------------|
| 42 | 322 | Daniel Schäffkes | Leichterlaufen | M | 4 | 0:47:50 (42) | 0:47:52 |
| 43 | 222 | Matthias Begenat | | M35 | 8 | 0:47:59 (43) | 0:48:03 |
| 44 | 280 | Dennis Klimach | | M35 | 9 | 0:48:23 (44) | 0:48:23 |
| 45 | 328 | Michael Schönborn | VFL Winz-Baak | M50 | 7 | 0:48:24 (45) | 0:48:32 |
| 46 | 244 | Harald Fabricius | | M60 | 3 | 0:48:29 (46) | 0:48:34 |
| 47 | 381 | Günter Schremb | LGOBochum | M70 | 1 | 0:48:36 (48) | 0:48:41 |
| 47 | 400 | Alfredo Hupki | LAO Bochum | M55 | 2 | 0:48:35 (47) | 0:48:41 |
| 49 | 299 | Lars Michalski | Laufzauber Nierenhof | M45 | 7 | 0:48:51 (50) | 0:48:52 |
| 49 | 361 | Florian Michalski | Laufzauber Nierenhof | MJ U14 | 3 | 0:48:49 (49) | 0:48:52 |
| 51 | 234 | Karl Cipa | Hüttenflitzer | M35 | 10 | 0:49:02 (51) | 0:49:06 |
| 52 | 407 | Frederic Berkermann | Kleines Carfe | M35 | 11 | 0:49:40 (52) | 0:49:43 |
| 53 | 325 | Guido Schmelzing | | M45 | 8 | 0:49:53 (53) | 0:50:00 |
| 54 | 358 | Manuel Azevedo | | M55 | 3 | 0:50:41 (54) | 0:50:55 |
| 55 | 385 | Klaus Halbscheffel | LGO Bochum | M70 | 2 | 0:51:17 (55) | 0:51:23 |
| 56 | 278 | Ralf Klan | | M55 | 4 | 0:51:31 (56) | 0:51:36 |
| 57 | 367 | Marc Heupel | Happy Running Famiy | M40 | 8 | 0:51:56 (58) | 0:51:58 |
| 58 | 418 | Andreas Koloß | | M40 | 9 | 0:51:54 (57) | 0:52:01 |
| 59 | 247 | Robin Frischkorn | BSV | M30 | 4 | 0:51:56 (58) | 0:52:05 |
| 60 | 411 | Lothar Lünendonk | Team CrazyLuinis Korschenbroich | M65 | 1 | 0:52:05 (61) | 0:52:07 |
| 61 | 346 | Jörg Verfürth | VfL Niederwenigern | M40 | 10 | 0:51:58 (60) | 0:52:10 |
| 62 | 257 | Jan Hachenberger | BSV | M30 | 5 | 0:52:27 (62) | 0:52:37 |
| 63 | 403 | Daniel Kielhorn | | M40 | 11 | 0:52:46 (63) | 0:52:54 |
| 64 | 408 | Jörg Schmidt | | M45 | 9 | 0:52:51 (64) | 0:53:07 |
| 64 | 229 | Thorsten Bordan | | M50 | 8 | 0:52:58 (65) | 0:53:07 |
| 66 | 303 | Wolfgang Neumann | | M45 | 10 | 0:53:06 (66) | 0:53:17 |
| 67 | 320 | Christian Samsel | | M45 | 11 | 0:53:21 (67) | 0:53:39 |
| 68 | 312 | Thomas Polster | Die 3 P's | M55 | 5 | 0:53:32 (68) | 0:53:45 |
| 69 | 410 | Patrick Lünendonk | Team CrazyLuinis Korschenbroich | M30 | 6 | 0:53:55 (69) | 0:53:58 |
| 70 | 357 | Klaus Würpel | LT Ümminger See Bochum | M60 | 4 | 0:53:55 (69) | 0:54:05 |
| 71 | 356 | Carsten Zeidler | | M45 | 12 | 0:54:01 (71) | 0:54:12 |
| 72 | 370 | Peter Jakubiecki | | M40 | 12 | 0:54:27 (72) | 0:54:28 |
| 73 | 373 | Marvin Kern | | M | 5 | 0:54:29 (74) | 0:54:31 |
| 73 | 327 | Dieter Schomburg | Race Rentner Essen | M75 | 1 | 0:54:27 (72) | 0:54:31 |
| 75 | 239 | Stefan Ditges | Hattingen | M35 | 12 | 0:54:49 (75) | 0:54:57 |
| 76 | 240 | Jörg Dröge | VFL Winz-Baak | M50 | 9 | 0:54:52 (77) | 0:55:00 |
| 77 | 282 | André Köhler | | M40 | 13 | 0:54:50 (76) | 0:55:08 |
| 78 | 296 | Ulf Menzler | | M30 | 7 | 0:55:27 (78) | 0:55:34 |
| 79 | 355 | Jörg Wolters | Laufzauber Nierenhof 3 | M50 | 10 | 0:55:45 (79) | 0:55:56 |
| 80 | 318 | Christof Rostek | TeambeVegt.de | M55 | 6 | 0:55:56 (80) | 0:56:06 |

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|----------------------|-------------------------------------|-----|-----|---------------|-------------|
| 81 | 225 | Jörg Blaschke | Hattingen | M40 | 14 | 0:56:46 (81) | 0:57:05 |
| 82 | 235 | Fred Czekay | | M60 | 5 | 0:57:08 (83) | 0:57:14 |
| 83 | 238 | Winfried Diehl | PV Triathlon Witten | M55 | 7 | 0:57:04 (82) | 0:57:15 |
| 84 | 420 | Jörg Block | Team Erdinger Alkoholfrei | M50 | 11 | 0:57:16 (84) | 0:57:25 |
| 85 | 319 | Martin Sachau | Air Products GmbH | M35 | 13 | 0:57:28 (85) | 0:57:33 |
| 86 | 383 | Johannes Schuhmacher | | M30 | 8 | 0:57:31 (86) | 0:57:48 |
| 87 | 336 | Jörg Simon | DJK Westfalia Welper | M40 | 15 | 0:57:50 (89) | 0:57:56 |
| 88 | 368 | Helge Kluge | | M50 | 12 | 0:57:45 (87) | 0:58:00 |
| 88 | 369 | Mathias Kleffmann | | M45 | 13 | 0:57:45 (87) | 0:58:00 |
| 90 | 253 | Burkhard Grodd | | M60 | 6 | 0:57:50 (89) | 0:58:03 |
| 91 | 293 | Bernd Lohmann | Team ForeverYoung | M60 | 7 | 0:58:30 (91) | 0:58:34 |
| 92 | 360 | Salvatore Romeo | | M60 | 8 | 0:58:46 (92) | 0:58:51 |
| 93 | 231 | Jens Brockhaus | The fdorgotten Husbands Supportclub | M40 | 16 | 0:58:56 (93) | 0:59:03 |
| 94 | 245 | Thomas Filipecki | | M40 | 17 | 0:59:20 (94) | 0:59:35 |
| 95 | 237 | Thorsten Dennewitz | Laufzauber Nierenhof | M45 | 14 | 1:00:17 (95) | 1:00:27 |
| 96 | 270 | Frank Kaluzny | Reha fit & fun | M45 | 15 | 1:03:44 (96) | 1:03:58 |
| 97 | 260 | Leif Herwig | | M40 | 18 | 1:03:58 (97) | 1:04:12 |
| 98 | 402 | Ulrich Kemper | TLV Essen-Überruhr | M65 | 2 | 1:06:03 (98) | 1:06:08 |
| 99 | 252 | Peter Gloeckner | | M60 | 9 | 1:06:12 (99) | 1:06:29 |
| 100 | 268 | Torsten Jüttermann | Team Erdinger Alkoholfrei | M40 | 19 | 1:09:50 (100) | 1:09:56 |
| 101 | 307 | Maik Osterode | Mi Casa - Dein zu Hause | M40 | 20 | 1:10:22 (101) | 1:10:22 |
| DNF | 226 | Holger Schmid | LT Heisingen | M45 | 6 | 0:46:32 (35) | 0:46:32 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|--------------------|-----------------------|--------|-----|--------------|-------------|
| 1 | 378 | Monika Steinau | | W50 | 1 | 0:45:30 (1) | 0:45:33 |
| 2 | 392 | Nina Förster | Team Essen 99 | W35 | 1 | 0:45:32 (2) | 0:45:34 |
| 3 | 372 | Lara Kern | | W30 | 1 | 0:47:03 (3) | 0:47:04 |
| 4 | 391 | Jessica Hirsch | Familie Hirsch | W30 | 2 | 0:47:39 (4) | 0:47:41 |
| 5 | 309 | Svenja Poggenpohl | Leichterlaufen | W35 | 2 | 0:47:50 (5) | 0:47:52 |
| 6 | 295 | Swantje Maurer | | WJ U20 | 1 | 0:48:46 (6) | 0:48:49 |
| 7 | 380 | Susanne Schmitz | | W45 | 1 | 0:49:21 (7) | 0:49:22 |
| 8 | 379 | Annika Steinau | Ruderclub Witten | WJ U20 | 2 | 0:49:30 (8) | 0:49:32 |
| 9 | 301 | Marina Moldenhauer | FR-Training | W30 | 3 | 0:49:37 (9) | 0:49:45 |
| 10 | 343 | Corina Tsiokas | Realschule Grünstraße | W35 | 3 | 0:49:50 (10) | 0:49:56 |
| 10 | 419 | Vanessa Gertler | Leichterlaufen | W35 | 3 | 0:49:54 (11) | 0:49:56 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|--------------------|-------------------------|--------|-----|--------------|-------------|
| 12 | 389 | Bettina Buck | | W35 | 5 | 0:50:11 (12) | 0:50:11 |
| 13 | 264 | Maja Hövel | Die flotten Bergziegen | WJ U14 | 1 | 0:50:19 (13) | 0:50:19 |
| 14 | 265 | Anna Hövel | Die flotten Bergziegen | WJ U14 | 2 | 0:50:21 (14) | 0:50:21 |
| 15 | 266 | Anja Hövel | Die flotten Bergziegen | W45 | 2 | 0:51:05 (15) | 0:51:05 |
| 16 | 406 | Kerstin Wozny | SYS Bertlich | W50 | 2 | 0:51:07 (16) | 0:51:11 |
| 17 | 248 | Susanne Gehendges | | W45 | 3 | 0:52:27 (17) | 0:52:31 |
| 18 | 243 | Marion Engel | KölnTriathlon e. V. | W45 | 4 | 0:52:53 (18) | 0:52:56 |
| 19 | 337 | Katja Sondermann | The Legal Highs | W45 | 5 | 0:53:02 (19) | 0:53:05 |
| 20 | 283 | Klaudia Königsmann | The Legal Highs | W35 | 6 | 0:54:13 (20) | 0:54:15 |
| 21 | 339 | Kristina Nackat | TV Hasperbach | W40 | 1 | 0:54:13 (20) | 0:54:28 |
| 22 | 352 | Eva Wieczorek | Laufzauber Nierenhof | W40 | 2 | 0:54:46 (22) | 0:54:55 |
| 23 | 269 | Manuela Kaluzny | Reha fit & fun | W50 | 3 | 0:55:18 (23) | 0:55:31 |
| 24 | 236 | Sabine Dennewitz | Laufzauber Nierenhof | W45 | 6 | 0:55:45 (24) | 0:55:56 |
| 25 | 341 | Heike Sudhoff | | W50 | 4 | 0:57:10 (25) | 0:57:16 |
| 26 | 228 | Ulrike Borchel | | W35 | 7 | 0:57:15 (26) | 0:57:28 |
| 27 | 298 | Melanie Mertens | WegBegleiter, Hattingen | W40 | 3 | 0:57:27 (27) | 0:57:33 |
| 28 | 331 | Britta Schulz | WegBegleiter, Hattingen | W35 | 8 | 0:57:54 (28) | 0:58:01 |
| 29 | 277 | Mareike Kindermann | WegBegleiter, Hattingen | W30 | 4 | 0:57:55 (29) | 0:58:02 |
| 30 | 285 | Gaby Kranz | Renntiere | W55 | 1 | 0:58:05 (30) | 0:58:16 |
| 31 | 375 | Katrin Prange | | W35 | 9 | 0:58:05 (30) | 0:58:19 |
| 32 | 275 | Sara Kiefer | Laufzauber Nierenhof 3 | W35 | 10 | 0:58:45 (32) | 0:58:54 |
| 33 | 290 | Jutta Leitloff | Ruhrrunner | W55 | 2 | 0:58:45 (32) | 0:58:59 |
| 34 | 221 | Monika Barthelmess | BTC Herne | W65 | 1 | 0:59:14 (34) | 0:59:17 |
| 35 | 351 | Sarina Westbrock | Pace Pack Runners | W | 1 | 0:59:16 (35) | 0:59:35 |
| 36 | 330 | Nina Schröer | Laufzauber Nierenhof 3 | W40 | 4 | 0:59:40 (36) | 0:59:49 |
| 37 | 300 | Anna Michalski | Laufzauber Nierenhof | W40 | 5 | 0:59:49 (37) | 0:59:58 |
| 38 | 334 | Nilda Silva | | W60 | 1 | 1:00:05 (39) | 1:00:06 |
| 39 | 254 | Laura Grollmann | Reha fit & fun | W | 2 | 0:59:58 (38) | 1:00:10 |
| 40 | 366 | Claudia Sdrenka | | W45 | 7 | 1:00:09 (40) | 1:00:11 |
| 41 | 294 | Sarah Marske | | W30 | 5 | 1:00:59 (41) | 1:01:07 |
| 41 | 315 | Jessica Ratschow | | W35 | 11 | 1:00:59 (41) | 1:01:07 |
| 43 | 292 | Avelina Lohmann | Team ForeverYoung | W65 | 2 | 1:01:12 (43) | 1:01:13 |
| 44 | 335 | Juliane Simon | DJK Westfalia Welper | W40 | 6 | 1:01:19 (44) | 1:01:25 |
| 45 | 371 | Anja Mnettelbeck | | W40 | 7 | 1:03:25 (45) | 1:03:38 |
| 46 | 308 | Jessica Peter | | W30 | 6 | 1:03:31 (46) | 1:03:44 |
| 46 | 313 | Sarah Puls | | W45 | 8 | 1:03:32 (47) | 1:03:44 |
| 48 | 259 | Sabine Herwig | | W35 | 12 | 1:06:07 (48) | 1:06:19 |
| 49 | 311 | Kathrin Polster | Die 3 P's | W | 3 | 1:06:23 (49) | 1:06:37 |
| 50 | 310 | Tonia Polster | Die 3 P's | W55 | 3 | 1:06:31 (50) | 1:06:45 |
| 51 | 415 | Sandra Gartz | | W40 | 8 | 1:07:25 (51) | 1:07:40 |

16. Hattinger Hüttenlauf

10 km Lauf (EINZEL) - Männer / Frauen Wertung

Hattingen, 26. Mai 2019

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Netto-Zeit | Brutto-Zeit |
|-----|-------|------------------|-------------------------|-----|-----|--------------|-------------|
| 52 | 359 | Cristina Azevedo | | W50 | 5 | 1:08:27 (52) | 1:08:41 |
| 53 | 324 | Birgit Schlag | | W40 | 9 | 1:08:43 (53) | 1:08:55 |
| 54 | 354 | Uta Wiesemann | Mi Casa - Dein zu Hause | W40 | 10 | 1:10:21 (54) | 1:10:23 |